

love food...

ST JOHNS - WEEK ONE MENU



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breaded Haddock with Tartar Sauce	Braised Chicken with an Orange Sauce	Beef in a Tomato Sauce	Toad-in-the-hole	Mixed Seafood in a Mornay Sauce	Quiche Lorraine	Roast Lamb & Mint Sauce
Tempura Vegetables	Deep Fried Brie with Onion Jam	Stuffed Courgette with Cous Cous	Stuffed Yorkshire with a Vegetable Casserole	Baked Cheesy Leeks with Mustard	Roast Mediterranean Vegetables with Basil oil	Vegetable Kiev
Fresh Fruit Salad with Cream	Chocolate Mousse	Baked Peaches with a Raspberry Sauce	Rhubarb Crumble with Custard	Tiramisu	Poached pear in Red Wine and Cinnamon	Marmalade Bread and Butter Pudding with Custard
Monday Supper	Tuesday Supper	Wednesday Supper	Thursday Supper	Friday Supper	Saturday Supper	Sunday Supper
Cream of Tomato & Basil Soup	Leek & Potato Soup	Sweetcorn Chowder	Minted Pea and Watercress Soup	French Onion Soup	Mushroom & Tarragon Soup	Vegetable Soup
Chicken Liver Pate with Toast	Eggs Benedict	Corned Beef Hash with Salad	Welsh Rarebit	Chicken Goujons with a Spiced Mayonnaise	Homemade Sage & Sausage Rolls	Buffet
Cold Trolley	Cold Trolley	Cold Trolley	Cold Trolley	Cold Trolley	Cold Trolley	Cold Trolley
Rice Conde	Lemon Possett	Apple Brown Betty	Semolina with Nutmeg	Orange & Lime Mousse	Strawberries & Cream	Banana Custard